



PREP
10 min

SERVES
4

Yogurt Parfait Pots with Crunchy Muesli Topping

INGREDIENTS

2 cups Brooklea organic vanilla bean yogurt

1 cup Hillcrest fruit free muesli

1 cup fresh berries (strawberries, blueberries, or raspberries)

2 tbsp Bramwells honey

½ tsp Stonemill cinnamon (optional)

METHOD

1. Spoon a layer of yogurt into the base of four small reusable containers or jars.
2. Add a layer of fresh berries, followed by a drizzle of honey.
3. Top with a generous spoonful of muesli.
4. Repeat the layers until the containers are full, finishing with muesli on top.
5. Sprinkle lightly with cinnamon if using.
6. Refrigerate until ready to serve. Keep the muesli separate if preparing the night before to maintain crunch.

IRRESISTIBLE



Swap the vanilla bean yogurt for Brooklea organic natural yogurt and mix in a little honey for a lower-sugar option.



Good Different